

29. *Pineapple Salsa*

Ingredients: to Combine...

- 1 small chopped pineapple,
- 1 diced red onion,
- 1 teaspoon of fresh lemon juice, a
- 2 inch piece of gingerroot finely chopped and
- 1 tablespoon of chopped mint.

Mix well and chill.

Baked Acorn Squash

An easy way to prepare. Slice it in half and scoop out the seeds. Put into the wells created in both halves...

- 1 tablespoon of olive oil, and
- 1 tablespoon of orange juice, into the well of each half.
- Sprinkle with cracked pepper,

Cover with alfoil, and pack more alfoil around the halves to balance them in a baking dish or on a tray, and bake 180°C / 350°F for about one hour or until soft.